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Your Kidneys Weak? Do you know that deaths from kidney troubles are 100,000 a year in the U. S.?

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Mrs. S. A. Allen's Hair Color Restorer... Never Fails. Gives color and beauty to Gray Hair.

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The Church and the Liquor Traffic

By REV. JAMES M. GRAY, D. D., Dean of Moody Bible Institute of Chicago

TEXT—Woe unto him that giveth his neighbor drink, that putteth thy bottle to him, that maketh him drunken also.—Habakkuk 2:15.

A demand is frequently made on the preacher to speak on the relation of the church to the liquor traffic, but the relation of the church is determined by the individual Christian.

My relation to the liquor traffic is that of a total abstainer from all intoxicating drink as a beverage.

A Personal Testimony. I believe alcohol would injure me physically. I have tried to make myself intelligent on the subject, and have read good authorities on both sides of the case.

2. But what injures me physically, will sooner or later injure me morally as well. Indeed the effects of alcohol in this sphere are seen and admitted more readily than in the other.

3. It is the injury to me spiritually through that has the strongest power in withholding the cup from my lips. I know that I am an immortal being, and that I must give account to him who shall judge the quick and the dead.

4. There is the duty of my example. The apostle Paul by inspiration of the Holy Spirit brings this out very clearly in Chapter 8 of First Corinthians.

5. There is the duty of my vote. What right have I as a Christian citizen to cast my ballot for a traffic that damns men's souls? There was a time in my experience when I was not so keen upon this point.

6. This brings me to the text. Who is giving his neighbor drink? Who is putting the bottle to his lips? Who is making him drunk? Is it straining the situation to say that the state does this when it legalizes the sale of intoxicating drink and profits by it?

Quite Useless. Pastor (from the pulpit)—The collection which we took up today is for the savages of Africa. The trouser buttons which some of the brethren have dropped in the plate are consequently useless.

INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Acting Director of Sunday School Course of Moody Bible Institute, Chicago.)

LESSON FOR JUNE 6 NATHAN REBUKES DAVID.

LESSON TEXT—II Samuel 12:1-23. GOLDEN TEXT—Create in me a clean heart O God.—Psalm 51:10.

This is a lesson that demands great care in its presentation and treatment, which will differ widely according to age. For the younger the briefer sort of statement that David fell in love with Uriah's wife and to obtain her had her husband killed will be sufficient.

With adults, however, some time may be devoted to the social evil which is such a menace to every nation, care being taken lest the discussion become morbid, or that we neglect to emphasize the fact that the cure is not in regulation or reformation but in the regeneration of the human heart.

I. David's Many Good Deeds. II Samuel, 7 and 9. As a background for his most repulsive sin David had a long list of excellent deeds. His desire for a better abiding place for the ark was not according to God's will for two reasons: first, that an ornate house might easily corrupt, through idolatry, the spirituality of the Hebrew religion; second, David was a man of war and therefore not qualified for temple building.

II. David's One Great Sin. II Samuel, 11:6. David's victories over his enemies are dismissed in a few verses, yet his sin is set forth in detail—another evidence of the divine origin and inspiration of the Bible. David had followed the example of neighboring kings and taken to himself many wives, evidently regarding his fancy as supreme and himself as above the law.

III. Nathan's Parable. II Samuel, 12:1-7. It is an evidence of God's grace that he sent his servant to rebuke and restore this "man after his own heart." Such is his mercy, for he does not will that any should perish but that all might come to the knowledge of forgiveness (Ezekiel 33:11; Matthew 23:37). No parable ever had its desired effect more quickly than this one. It brought conviction and repentance (v. 13) and led to the writing of the fifty-first psalm. It was a delicate task set before Nathan thus to rebuke the king, yet it reveals the essential nobleness of David in that he did not become angry.

IV. Thou Art the Man—v. 7a. Thus far the story is one all too common, then and now, of the strong crushing the weak and glorying in their selfishness. What follows is the evidence of God's response to man's repentance, the parallel to which has nowhere else been found in the ancient world. The glory of it is that David heard and heeded God's messenger. The whole sordid story with its resultant action on David's part brings us many priceless lessons.

1. There is the duty of my example. The apostle Paul by inspiration of the Holy Spirit brings this out very clearly in Chapter 8 of First Corinthians. I may feel that personally I am at liberty to do as I please in a matter of this kind, I may "drink it or let it alone," but not if somebody else will be caused to stumble because I do not let it alone.

2. There is the duty of my vote. What right have I as a Christian citizen to cast my ballot for a traffic that damns men's souls? There was a time in my experience when I was not so keen upon this point. I felt I had done my whole duty when I preached the Gospel and showed men how they might be saved from sin through faith in Jesus Christ.

Distinction of Terms. "Of course you favor the uplift?" "I don't know," replied the busy man. "I'm a plain, practical person. Sometimes I think the uplift depends too much on literature and science. What I favor is the boost."

TEMPERANCE NOTES

(Conducted by the National Woman's Christian Temperance Union.)

BREWERS URGE MODERATION?

The annual meeting of the United States Brewers' association was recently held in New Orleans. Commenting on the printed report of that meeting, Henry J. Allen, in the Wichita Beacon says:

We note that the deepest concern of the annual meeting was, as usual, for the taxpayer. They made it perfectly plain to everybody that so far as the brewers themselves were concerned, they didn't care anything for prohibition—they could, in fact, sell more booze under prohibition than without it—but they did not want the government to lose the revenue, they didn't want the taxpayer burdened; they just wanted everything to go on in a free and easy and open way, with the taxpayer as he is now in the states where the saloons run the politics.

And above all, the brewers urged "moderation," not in drinking, but in the language with which the discussions against liquor are carried on. They also desire to save the hop and barley fields from being destroyed. While prohibition increases beer sales, it apparently ruins the hop and barley crops.

One gem from the wisdom of this convention is that "beer may be substituted for bread."

Frequently it is also substituted for shoes and school books and clothes and meat and house rent and furniture. In fact, a liberal use of it will make it a substitute for everything except the grave.

Another piece of philosophy garnered from the book of brewers' wisdom is that "the only difference between bread and beer is that bread is baked, while beer is boiled."

It did not add, however, that the user of it is frequently stewed.

EX-SALOON KEEPER TESTIFIES.

A former Red Wing (Minn.) saloon keeper, Mr. Lohman, now engaged in the clothing business in McHenry, N. D., recently visited his old friends in Red Wing. While disclaiming any pretensions to being a total abstainer he gave some excellent testimony to the value of prohibition.

"One reason why we are not anxious to have a saloon in our town is that it would draw the kind of people from other places that we do not want; we like a good, clean town." "It is said so often that prohibition does not prohibit, Mr. Lohman," remarked a reporter. "If a man goes to McHenry and wants a drink, can he get it?" "No, not for love nor money," replied Mr. Lohman with emphasis.

BETTER LIE LOW.

The following incident is told by the Philadelphia North American Review: "A West Philadelphia liquor dealer recently consulted an acquaintance in the real estate business about the advisability of transferring his license from a side street location to a Market street corner. The change would involve an increased investment. 'Stay where you are,' counseled the real estate expert. 'You would get a more prominent situation by moving; but that, in my judgment, is just what you should avoid. Better stay where you're tolerated. If you try to get out on Market street, you'll only attract attention and stir up opposition. Public opinion is getting mighty sensitive about the saloon business, and you'd run the chance of losing the place you've got.'"

SLUMP IN VALUES.

Federal Judge Landis of Chicago, undertaking to dispose of the 89 licenses that came into his possession with the bankruptcy of the Tosetti Brewing company, found that while a year ago licenses brought from \$2,500 to \$2,800, but one offer was made, and that for only \$1,200. This he refused. Fear of successful anti-saloon legislation is the reason given, brewers, speculators and license brokers anticipating further dry activity.

EASY TO BUY MEDICINES.

Kansas consumes per annum per capita, \$1.25 worth of liquor for all purposes as against the average consumption of liquor of \$21 per head. No wonder the Kansans have their own automobiles.

KING ALCOHOL DESERTED.

The troops of King Alcohol have gone over to the enemy. This is the reading of the handwriting on the wall. There's an ocean of significant chronography on the wall just now.—Herbert Quick, Press Correspondent.

ALCOHOL NOT PRESCRIBED.

Dr. Harvey W. Wiley states that alcohol may well be dropped from the drug list of the country, as brandy and whisky are now rarely found in the prescriptions of the most progressive physicians.

TIMES ARE CHANGED.

It is not as it was in the good old days, when a man's rank as a good fellow depended on the number of bottles of wine he could drink at dinner without slipping under the table.—Chicago Journal.

Castoria 900 Drops. Net Contents 15 Fluid Drachms. ALCOHOL—3 PER CENT. AVEGETABLE PREPARATION FOR ASSIMILATING THE FOOD AND REGULATING THE STOMACH AND BOWELS OF INFANTS & CHILDREN. Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Children Cry For Fletcher's CASTORIA

What is CASTORIA? Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness.

GENUINE CASTORIA ALWAYS Bears the Signature of

Chas. H. Fletcher. In Use For Over 30 Years The Kind You Have Always Bought

Many a big head is full of emptiness.

DO NOT VISIT THE CALIFORNIA EXPOSITIONS Without a supply of Allen's Foot-Ease, the aniseptic powder to be dusted into the shoes or dissolved in the foot-bath. The Standard Remedy for the feet for 25 years. It gives instant relief to tired, aching feet, and prevents chafing, blisters, corns, etc. One day's use will give you a new feeling of ease in your shoes. Get it TODAY. Ady.

The more money a man has the louder his children talk.

NEVER HAD A CHILL. After taking ELIXIR HANCOCK, my little daughter, 10 years old, suffered nearly a year with chills and fever, most of the time under the doctor's care. I was discouraged and a friend advised me to try ELIXIR HANCOCK. I gave it to her and she has never had a chill since. It completely cured her. Mrs. Cyrus Helms, 32 E. St., N. E. Washington, D. C. Elixir Hancock 50 cents, all druggists or by Parcel Post prepaid from Elocowal & Co., Washington, D. C.

Anything that can be purchased for five cents will have a large clientele.

HOW TO CURE ECZEMA, ITCH AND ALL SKIN DISEASES

Don't suffer any longer with eczema or any other skin trouble. Just apply Hancock's Sulphur Compound to the parts affected and it will stop the itching at once and cure the trouble permanently. Many sufferers from skin troubles have written us that the Sulphur Compound cured them after everything else failed. Mrs. Evelyn Garst, of Salem, Va., writes: "Three years ago I had a rough place on my cheek. It would burn and itch. I was fearful it might be of cancerous nature, but nothing helped it. One bottle of Hancock's Sulphur Compound cured me completely." To beautify the complexion, remove blackheads and pimples use Hancock's Sulphur Ointment. For sale by all dealers.—Adv.

Accidental Inventions.

The ancients believed that there was a certain kind of mineral substance in existence by means of which all the common metals could be turned into gold. This supposed substance was called the philosopher's stone, and the alchemists of classic times and during the middle ages spent much time and labor in search of this wonderful substance.

Of course, since nothing of the kind ever existed, it was never found; but it is worth remembering that some of the most notable inventions were discovered in this wide search. It was in looking for the philosopher's stone that the German chemist, Böttcher, stumbled upon the secret of making the beautiful Dresden porcelain. Roger Bacon, in the same way, discovered the composition of gunpowder; Geber found the properties of acids; Van Helmon discovered the nature of gas, and Doctor Glauber found the secret of making the salts which now bear his name.

Mercenary.

"Did you ever stop to consider how many permits accumulate on a dollar bill?" asked the cautious man. "In the hour of my need I never did," answered his friend. "If I could become the possessor of enough dollar bills to stuff a pillow by merely sleeping on them, I would gladly avail myself of the opportunity."

Out of Proportion.

"Think of an opera singer getting \$2,000 for singing a few songs." "I hate to think of it." "Why so?" "Considering the great volume of noise in the world that is worth less than nothing, it seems an unjust discrimination to pay so much for the cultivated kind."

A Practical Thought.

"Is there any particular reason why human beings should be more inclined toward matrimony in the spring than at any other time of the year?" "None that I can see, except reduced rates for the summer in hotels and boarding houses."

Their Great Desire.

"Actors, as voters, I suppose, are solidly in favor of one reform." "What's that?" "The recall."

Wine and women get credit for making a fool of many a man who was born that way.

It's hard for a learned man to learn to love a learned woman.

A woman never entirely forgives her husband for not being a hero.

YOUR OWN DRUGGIST WILL TELL YOU Try Morine Eye Remedy for Red, Weak Watery Eyes and Granulated Eyelids. No stinging, just eye comfort. Write to Book of the Eye by mail free. Morine Eye Remedy Co., Chicago.

Quite Contrary.

"So Jiggs is just broken down." "Yes; completely broken up."—Baltimore American.

An Essential Particular.

Knicker—Smith can tell the date of the end of the war. Bocker—Which end?

No Exception.

"It is an ill wind which blows no good to anybody." "Why, even an ill wind blows good to the doctors."

Local Color.

"Do you think the result of a shortage in dyestuffs will be serious?" "I shouldn't be surprised," replied Miss Cayenne, "if it changed the complexion of affairs somewhat."

Sense of Solemnity.

"You always wear black clothes when you go to hear Mr. Hietty make a speech." "Yes. When he discusses a topic in which I am interested I always feel as if I were going to the funeral of an idea."

Horrible Possibility.

"Our engagement was most romantic. I was traveling with her party at the time, and I proposed to her in the far West on the edge of a mountain gorge." "Oh, suppose she had thrown you over!"

Table Talk.

Gentleman Who Will Not Be Sealed—I don't eat because the food's rotten, that's why.

His Wife—Now, Henry, why won't you just try these scrambled eggs? Gentleman (laughing, hollowly)—You call these here scrambled eggs? You mean it's a scrambled half a egg.

His Wife—Oh, now Henry! This salad is so good!

Gentleman (darkly)—If I'd wanted to eat stuff from a delicatessen store I'd have stayed at home.

His Wife (despairingly)—For my sake, Henry, won't you take a bit of this chicken?

Gentleman (making a convulsion and trying it)—It's old—(chew-chew) and it's tough (chew-chew). Pause. Deep thought.) But it ain't so old and it ain't so tough as some of them New York chickens. Haw! Haw! Haw!

(Having relieved himself of this joke Henry repeats it three times; gets away with a combination pie and ice cream dessert; and within twenty-four hours becomes the life of the table.)

That Kind of Woman.

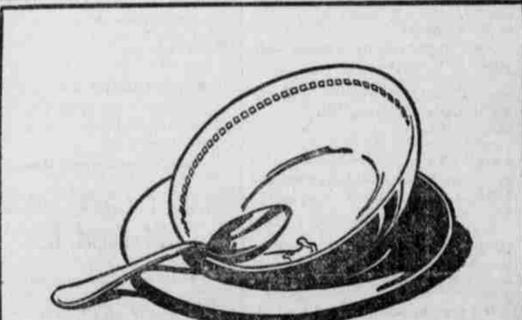
"I hate Mrs. Gadscomb," said Mrs. Flitterby, with flashing eyes and a trembling lip.

"Why so, my dear?" asked Mr. Flitterby.

"When I said Nora was the czar of our kitchen, she smiled and said, 'You mean 'esarina,' don't you?'"

When a woman has entertained her bridge club the excitement in the average home is over for a while.

Most of the good listeners are men, and they are married men.



The Empty Bowl Tells the Story

The highest compliment you can pay a housewife is to eat heartily of the food that she places before you. It proves the merit of her cooking.

Thousands every morning receive complete satisfaction, and enjoy to the last flake their bowl of

Post Toasties

These daily compliments encouraged the continued bettering of these Superior Corn Flakes. The result was an improved Post Toasties—crisper and better than ever.

Only the inner sweet meats of choicest Indian Corn are used in making Post Toasties. These meaty bits of nourishment are cooked, rolled wafer thin, seasoned "just right" and toasted to an appetizing golden-brown.

The flakes come to you in dust-proof, germ-proof wax wrappers ready to serve direct from the package—crisp, fresh and delicious as when they leave the big ovens.

Post Toasties

—the Superior Corn Flakes Sold by Grocers everywhere.